





in partnership with Under Construction

Want to learn some top tips when applying for benefits, preparing for an interview or to help you manage your money?

Our workshops are FREE and delivered by experienced tutors who make every course or workshop fun and interactive! Refreshments and lunch provided.

All workshops will be delivered from Under Construction, Lions House, Bridgwater, Somerset from 10.30am to 1.30pm on:

Monday 7th March 2022

Myth Busting Benefits

- Help and top tips for making a claim for Universal Credit and Personal Independence Payments
- Provide information on what to do if your claim is rejected and how to make an appeal
- Talk about what might happen to your benefits when you start work and 'better off' calculations

Monday 14th March 2022

Interview Skills

- Explore your personal skills and strengths
- · Look at the best ways to look for work
- Tools to help you sell yourself to potential employers
- Learn how to prepare for interviews
- · Gain best practice tips on how to succeed

Let's talk about money!

Monday 21st March 2022

Budgeting & Money Management

- Budgeting (including our popular 'From bodgit to budget' game)
- · Borrowing, banking, income, debt.
- How to decide your own spending priorities
- Financial jargon and what it means

Monday 28th March 2022

Making Financial Decisions

- How, when and why we make financial decisions
- Planning your own decision making process
- Knowing your own weak spots

To book your place please contact Under Construction by email at outreach@sedgemoor.gov.uk or call 01278436466

You will not be asked to share personal information or anything you aren't comfortable to discuss.

Funded by

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